

HEALTHY FAMILIES VIRGINIA TRAININGS

January – June 2010

TITLE	TRAINER/ FACILITATOR	DATE	LOCATION
Cultural Sensitivity	Lynn Kosanovich and Peggy Snow	January 2010	Richmond
FSW Core Training Developed by Great Kids, Inc, a consultant to Healthy Families America, Core training is considered basic training for all Healthy Families Home Visitors, Program Managers and Supervisors to ground them in the Healthy Families program model. Strategies on how to apply strength based, relationship based, family focused and culturally competent services to program participants are practiced in response to scenarios representative of the work. In order to build strong family functioning, value clarification, goal planning and problem solving skills are explored. Attachment, cues, brain development, empathy and temperament are studied to help home visitors promote positive parent child relationship and healthy childhood growth and development. Rationale and samples for documentation are reviewed as well as transference and boundary issues that commonly surface in home visiting. Follow up activities are provided to reinforce the training.	Gretchen Almstead	April 7-8 and April 28-29 2010	Richmond
Program Supervisor/Manager Core Trng This training is an expanded version of the one developed by Great Kids, Inc. The roles and responsibilities of both Healthy Families supervisors and managers are reviewed, using examples common to the work. Funding, board management, accreditation processes, policy development, community collaboration are reviewed. Methods and samples for quality management are explored. Staff selection, hiring , motivation, discipline are discussed as well as ways to build and maintain teams. The actual process of supervision and its many components that provide for accountability, skill building and professional support are discussed and strategies practiced.	Lynn Kosanovich	June 2-3, 2010 June 4 – FRS supervisors only	Richmond
FRS Core Training Developed by Great Kids, Inc, FRS core training is specifically designed for those who will fill the role of Family Resource Specialist/Family Assessment Worker and their supervisors. Trainees learn how to incorporate a strength-based, relationship-focused assessment process into their work using the Kempe Family Stress Checklist (Parent Survey). The focus is on promoting the assessment process as a unique service rather than as simply an eligibility tool. Each person will have the opportunity to complete a practice parent survey in its entirety during the training, and will be asked to send 2 completed parent surveys to the trainer for review following the end of training.	Lynn Kosanovich	May 3-6 2010	Richmond

Boundaries This training will give information on the importance of establishing and maintaining boundaries with families as well as discussing professional burnout and self-preservation. This training is appropriate for anyone who works with children and families.	Markella Budesky	April 22nd	Richmond
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Alternates to PCAV’s Training:

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FRS Training – Janet Curran, Maryland, April 2010